

Saint Edward's & Saint Paul's

Saint Edward's Collection

August 18 - 30, 2020

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|-----------|-------------|
| Envelopes | \$ 4,060.00 |
| Plate | \$ 130.00 |
| UCA | \$ 1,250.00 |

Saint Paul's Collection

August 18 - 30, 2020

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|---------------|-------------|
| Envelopes | \$ 1,380.00 |
| Plate | \$ 140.00 |
| UCA | \$ 75.00 |
| Building Fund | \$ 330.00 |

Funeral for Crystal Miller, daughter of Luke & Heather Holter



Wednesday, September 9th
Visitation 5-7 PM

Thursday, September 10th
Funeral at 11 AM

with visitation 1 hour prior
Burial will be at Windy Lake Cemetery,
Smokey Hollow Township, MN.

Up Coming Events

Tuesday, September 8th - 4 PM @ Saint Paul's
Saint Paul's Ladies Council MTG

Wednesday, September 9th - 9 AM @ Saint Edward's
Finance Council Meeting

9 AM - Women's Council of Saint Edward's

Thursday, September 10th - 11 AM @ Saint Edward's
Funeral - Crystal Miller

5 PM @ Saint Paul's - Men's Group

Saturday, September 12th - 9 AM @ Saint Edward's - Mary Group

Tuesday, September 15th - 3:30 PM @ Saint Paul's
SVdP - Saint Rose of Lima Conference

Thursday, September 17th - 5 PM @ Saint Paul's - Men's Group

Thursday, September 24th - 5 PM @ Saint Paul's - Men's Group

Saturday - Sunday, September 26-27 - Guest Priest
Father George Zech

Thursday, October 1st - *NO DAILY MASS or ADORATION*
Father will be in Duluth for Bishop Mulloy's Ordination
- 5 PM @ Saint Paul's - Men's Group

Prayer for Workers

"Ora et Labora!"

St. Benedict, the founder of Western Monasticism is the person who wrote a series of rules for his monks. It is called the Rule of St. Benedict. In the rule he taught that the monks under his care were to pray and work. Hence the phrase "Ora et labora" (pray and work).

Today we celebrate Labor Day. The history of Labor Day is very interesting. It arose in the early nineteenth century as the labor movement was beginning to flourish in the US. It was established as a day to encourage the union movement and collective bargaining. With our heightened political awareness of labor unions today, it would be good to encourage the foundation of Labor Day: the dignity of the laborer and the dignity of work itself.

*O God, to whom all our prayers rise like incense,
we thank you for the ability to work and to provide for our families.*

Assist us in honoring the laborer and providing a fair wage for all laborers.

To work brings us purpose and dignity.

In work, the laborer honors you, the One who provides everything we need.

We ask you to bless all those who have no opportunity to work.

*Enliven our hearts to hear their cries for meaningful work
and help us to give from our abundance to those who have little.*

We ask this through Christ our Lord. Amen.

Hello, many of you may know me already, but I wanted to take a moment to introduce myself and let you know that I am honored to be the new parish nurse for Saint Edward's and St. Paul's Catholic Churches. I live with my husband Marc and our 2 daughters Avery (10) and Brooklyn (8) in Remer and are members of Saint Paul's. I have been a nurse since 2011 and have worked in many different areas in the clinic, including a year-long stint with a cardiologist from Minneapolis Heart Institute out of Abbott. I currently work casually as a clinic nurse at Grand Itasca Clinic in Grand Rapids. I am also the school nurse for Northland Community School, this school year will be my 3rd year in this role. I look forward to this role as your parish nurse. Thank you!

Kerry Ruyak, RN/US Navy Veteran



With all of the unknowns going on in the world with Covid-19 and many other communicable diseases it is very important that we all take precautions to protect ourselves and our loved ones from getting ill. The most important way to do this is hand hygiene. Hand hygiene is a term used to cover both hand washing using soap and water, and cleaning hands with waterless or alcohol-based hand sanitizers.

Hand washing is the single most important means of preventing the spread of infection. There are many hand sanitizing products out there now and they are good substitutes when hand washing isn't possible, but scrubbing hands with soap and warm water is the best way to clean hands.

Five common ways germs are spread:

Nose, mouth, or eyes to hands to others:

Germs can spread to the hands by sneezing, coughing, or rubbing the eyes and then can be transferred to other family members or friends. Simply washing your hands can help prevent such illnesses as the common cold or eye infections.

Hands to food:

Usually germs are transmitted from unclean hands to food by an infected food preparer who didn't wash his or her hands after using the toilet. The germs are then passed to those who eat the food. This is easily prevented by always washing your hands after using the toilet and before preparing food items.

Food to hands to food:

Germs are transmitted from raw foods, such as chicken, to hands while preparing a meal. The germs on the hands are then transferred to other uncooked foods, such as salad. Cooking the raw food kills the initial germs, but the salad remains contaminated.

Infected child to hands to other children:

Germs are passed from a child with diarrhea to the hands of the parent during diaper changing. If the parent doesn't immediately wash his or her hands, the germs that cause diarrhea are then passed to others.

Animals to people:

Wash your hands after petting animals or touching any surfaces they come into contact with.

Thorough Hand Washing Can Help Prevent Disease

Hand Washing plays a major role in preventing the spread of diseases. Washing your hands regularly with soap and water can protect you from many illnesses caused by viruses and bacteria. Washing removes germs you pick up when you touch people, animals, or surfaces. If not removed, these germs may get into your eyes, nose, or mouth and cause illness. The Minnesota Department of Health (MDH) strongly encourages everyone to develop good hand washing habits.

Can't See Germs

Germs hide on remote controls, door handles, keyboards, faucet handles and any surface people touch. Since we can never be sure what germs are on our hands, washing them regularly and thoroughly with soap and water is a very important safeguard against infectious disease.

When to Wash

Overall, wash your hands as frequently as you can; it is **essential** to wash your hands at these special times:

Before touching any food or eating

After using the bathroom

After handling animals or animal wastes

How to Wash

The following procedure will remove up to 99.9 percent of the germs that get on your hands during the course of daily activities:

Wet your hands with clean water

Apply soap

Rub your hands together vigorously and scrub all surfaces

Scrub for 20 seconds (sing Happy Birthday twice)

Rinse with clean water

Dry hands briskly

Bishop Baraga Vocations Apostolate / Brainerd Deanery

Adopt a Seminarian

Trevor Peterson:

Trevor is now back at school for his final year.

If you want to make a donation to our Seminarian, there is a basket to drop your items in, by the church store at Saint Edward's and in the entryway at Saint Paul's, contact the Parish office if you have any questions. Items

to send: **cards of encouragement, artwork from religious education classes, granola bars, beverages, or gift cards.**

Trevor was ordained a Transitional Deacon on Friday, June 5th at the Cathedral in Duluth.

